



ROSEMOUNT COMMUNITY CENTRE association

WINTER - SPRING 2020

ADDRESS:
Belgrave Terrace
Aberdeen, AB25 2NS
WEBSITE:
www.rcca.org.uk
CONTACT:
01224 647 594
enquiries@rcca.org.uk

Starting Monday 13th January - Ending Sunday 3rd April



12 weeks of classes to suit all tastes and ability levels

Prices shown at Full Price/Concession over 65's. No concession price when paying per class.

☺ Please read the ***PINK notes!**

MONDAY

- The Art Group 1** 10am-1pm: Explore your creative side in our long running art class. ***No spaces available**
- Lunchtime Pilates** 11.30am-12.30pm: Increase your strength and flexibility with this popular class!
- Craft Group** 6pm-9pm: Improve your crafting skills! ***Limited numbers so email us beforehand.**
- Yoga** 6.15pm-7.30pm: Connect body, mind and spirit with our zen yoga class.
- Book Group** 6.30pm-8pm: Discover and discuss new books in a relaxed and friendly environment with our new Book Group ***Book Group runs only the first Monday of each month**
- Swedish Exercise** 7pm-8pm: Safe, fun and suitable for everyone!
- Creative Writing** 7.30pm-9pm: Explore your potential with this popular class.
- Tai-Chi** 7.30pm-9pm: Improve your health, balance and well-being.

Block Price

£120/£60
£60/£30
£2 per session
£60
£2 per session
£48/£24
£2 per session
£72/£36

TUESDAY

- Patchworking and Quilting** 10am-1pm: A fun and informal group to progress on your own project! ***Limited numbers so please email us beforehand.**
- Spanish Beginners Level 1** 6.30pm-8pm: Learn a new language with our Spanish class for beginners!
- Spanish Conversation** 6.30pm-8pm: For those who already reached the Improvers level and want to improve their oral skills
- Learig Orchestra** 7.30pm-9.30pm: Please email orchestra@rcca.org.uk for further details.

£2 per session
£72/£36
£72/£36

WEDNESDAY

- The Art Group 2** 10am-1pm: Explore your creative side in our long running art class. ***No spaces available**
- Knit and Natter** 10am-12pm: All levels welcome. Tea and coffee will be available ***Running every second Wednesday**
- Pilates 1** 5.30pm-6.30pm: Increase your strength and flexibility with this popular class!
- Pilates 2** 6.30pm-7.30pm: Increase your strength and flexibility with this popular class!
- Lino + Screen Painting** 6.30pm-8.30pm: Come along and learn how to screen print onto paper with local illustrator Jaz Armour.
- Sewing for Beginners** 6.30pm-9.00pm: Learn to sew from a commercial patterns. ***Sewing machines provided.**
- Spanish Beginners Level 2** 7pm-8.30pm: If you know a little bit of Spanish this is the class for you!
- Feerochie Dance** 7.30pm-9pm: Learn some traditional and modern Scottish dancing with a twist!
- Book Group** 7.30pm-9pm: Discover and discuss new books in a relaxed and friendly environment
***Book Group runs only the last Wednesday of each month *No spaces available**

£120/£60
£2 per session
£60/£30
£60/£30
£72/£36
£125
£72/£36
£2 per session
£2 per session

THURSDAY

- Sewing Projects** 12.15pm-2.45pm: Bring your sewing project and complete it with tutor support. ***Sewing machines provided.**
- Drama Workshops for young people (6-10 y/o)** 6pm-7.30pm: Teaching your wee ones how to express!
- Step Dance** 6.30pm-8pm: Have fun and get your feet tapping!
- Craft Group** 6pm-9pm: Improve your crafting skills! ***Limited numbers so email us beforehand**
- Patchers Group** 6pm-9pm: A fun and informal group to progress on your own project! ***Limited numbers so please email us beforehand.**
- Spanish Intermediate** 7pm-8.30pm: Train your Spanish language skills.
- Spanish Advanced Conversation** 7pm-8.30pm: This course is for the most advanced Spanish learners!
- Ceilidh** 8pm-9pm: Join us for a fun evening of learning our most traditional Scottish dance! ***Running once a month please email us beforehand for dates.**
- Badminton** 8pm-9pm: Join our group of regulars and have fun on the court!

£120
£60
£2 per session
£2 per session
£2 per session
£72/£36
£72/£36
£2 per session
£2 per session

FRIDAY

- Come and Sew** 10am-12.30pm: Learn to make clothes or bring your sewing project with you. All levels welcome!

£120

SUNDAY

- Sewing Sundays** 4pm-6.30pm FORTNIGHTLY: Join us to work on your own sewing projects over a cup of coffee
***Sewing machines available. Email us to book your place.**

£10 per session



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SPOTLIGHT ON 2020'S CLASSES



Here is just a little bit more about some of our classes, with the possibility of more to come! We have done our best to expand our programme to meet your needs and will continue to do so throughout 2019 and beyond.

NEW GROUPS

We are pleased to welcome four exciting new classes to our programme:

- **KNIT AND NATTER:** Can you knit or crochet or want to learn? Then why not come along to meet people with similar interests to chat while knitting or crocheting.
- **BOOK GROUP:** Due to popular demand we are having a second Book Group on the first Monday evening of every month. Books will be provided.
- **LINO + SCREEN PAINTING:** Come along and learn how to screen print onto paper and lino with local illustrator Jaz Armour. Over this seven week course we will complete two illustrations, one printed using a single colour and the second with two. Limited numbers so please contact beforehand.

HOW TO ENROL IN OUR CLASSES

- We will open pre-enrolments on the 8th and 9th JANUARY so just POP IN. You can still book classes once the term has started but spaces for certain classes may have filled up quicker than usual with pre bookings.
- Office time: 6 to 9pm - Monday to Thursday.
- If you have NOT pre-enrolled, please arrive 15 minutes early on the first day to allow time to fill out a registration form before your class begins. Our £2 groups are drop-in sessions, no need to pre-enrol.
- We can take payment by card, cash or cheque. If paying by cash, exact change is always appreciated.
- For concession blocks, please ensure you have valid proof of your concession entitlement.
- Just in case you are not walking, cycling or using public transport, do not worry as we have a few free parking spaces available.

GET IN TOUCH, GET INVOLVED

- Rosemount Community Centre Association is managed by a group of passionate volunteers. This Management Committee sets the Associations programme and is always keen to add new classes. If you have a skill you could teach, some suggestions or wish to volunteer with us, just get in touch: enquiries@rcca.org.uk
- Follow us on Facebook facebook.com/rccabdn or Instagram [@rccabdn](https://www.instagram.com/rccabdn)